



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON FORT HUNTER LIGGETT
BUILDING 238 CALIFORNIA AVENUE
FORT HUNTER LIGGETT, CA 93928-7000

IMHL-HR

23 JUL 2015

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: USAG FHL Policy #2-3, Suicide Prevention

1. REFERENCES.

- a. AR 600-63, Army Health Promotion.
- b. AR 350-1, Army Training and Leader Development.
- c. Annex D, Army Campaign Plan for Health Promotion and Risk Reduction FY11.
- d. DA PAM 600-24, Health Promotion, Risk Reduction, and Suicide Prevention.
- e. Army G-1 Suicide Prevention Program Training Resources
<http://www.armyg1.army.mil/hr/suicide/>
- f. ALARACT 079/12, Army Suicide Prevention Program (Annual Guidance on Suicide Prevention Training).

2. PURPOSE. To provide guidance on the suicide prevention program.

3. APPLICABILITY. This policy applies to all Service Members and Civilian employees assigned, attached, or training at Fort Hunter Liggett and Parks Reserve Forces Training Area.

4. POLICY. Each suicide that occurs within the U.S. military is a tragic event; even one is too many. The military services have vigorous suicide prevention programs designed to protect our service members and their families. All leaders must remove the stigma attached to seeking help and strongly promote and reward these positive behaviors in their Soldiers. Suicide is an irreversible decision that tragically affects the individual's family, friends, associates, and unit. This tragic and traumatic loss disrupts unit cohesion and weakens unit morale. It is everyone's responsibility to recognize and respond to suicidal behavior.

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5. PROCEDURES.

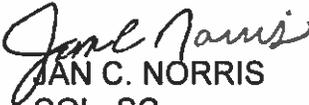
a. Annual Army suicide prevention training is mandatory for all Soldiers, leaders, and Civilian employees. The training is optional but highly encouraged for family members. The training increases awareness of suicide risk factors and warning signs and teaches intervention skills to respond promptly, effectively and deal with at-risk individuals.

b. First line supervisors and junior leaders are required to complete Ask, Care, Escort – Suicide Intervention (ACE-SI) training (optional for Soldiers and DA Civilians who are not junior leaders or first line supervisors).

c. Gatekeepers will receive training in recognizing and helping individuals with suicide-related symptoms or issues. Applied Suicide Intervention Skills Training (ASIST) is for gatekeepers who, in the performance of their assigned duties and responsibilities, provide specific counseling to Soldiers and Civilians in need such as Chaplains, Chaplain Assistants, Family Advocacy Program workers, Army Emergency Relief Counselors and Military Police.

d. Commanders will ensure that suicide prevention training is available to Army Family members. The training is not mandatory for family members; however, commanders should encourage family member participation during appropriate venues (e.g., family readiness group meetings, spouse meetings, pre and post deployment briefings, etc.) to maximize their level of awareness of risk factors, warning signs, and resources.

6. PROPONENT. The Directorate of Human Resources is the proponent for this policy. POC is the Army Substance Abuse Program Manager at (831) 386-2727.


JAN C. NORRIS
COL, SC
Commanding

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