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Fort Hunter Liggett

Directorate of Family and Morale, Welfare, and Recreation

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The Howler is a Family and Morale, Welfare, and Recreation magazine published quarterly for activities, events, and programs at Fort Hunter Liggett, California and surrounding areas.

The Howler is inserted in welcome packets, distributed to all Family and MWR facilities, and surrounding areas in King City and Paso Robles, CA.

The appearance of advertising does not imply an endorsement by the U.S. Army or Department of Defense.

The information in this issue is current at the time of publication; activities and events are subject to change without notice. For more information, please contact the individual facilities. Family and MWR Marketing is located in Building 288, Infantry Road, Fort Hunter Liggett, CA 93928 and may be reached by calling (831)386-2364.

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MWR Quarterly Performer



Juan Jacquez is the Lead Supervisor at the Rec. Center, and is in charge of customer service, managing employees, inventory, and, most recently, special events. Born in Chicago, IL, but raised in King City, he has been a part of the MWR family for 12 years. He was selected as the MWR Quarterly Performer because of his dedication to his job and because he "accepted added responsibility during the quarter and performed those duties to a high standard." His selflessness, determination, and positive attitude make him this quarter's overall Quality of Life award winner! Keep up the great work!

COVER: The new quarterly Off Duty magazine name is the Howler!! Thank you to **Mr. Ino Mereb** for sending in this creative idea, we absolutely LOVE it!!! Thank you to everyone who submitted ideas! They were all amazing, we're just sorry we could only pick one.



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Family and MWR Director's Comments

Customers and Friends! We at Family and MWR never stop working for you, and we are dedicated to improving the lives of our men and women in uniform, civilians, and their families at US Army Garrison, Fort Hunter Liggett and Parks Reserve Forces Training Area. The New Year is here, and we have a full calendar with great events! The MWR team is excited to continue to bring you the highest quality of programs, even with the financial difficulties. The "fiscal reality" or the "fiscal cliff" won't be able to stop us! We have to focus on the mission, to "provide Soldiers, civilians, and their families with a quality of life commensurate with the quality of their service." May God bless you and Happy New Year!

See you around!
Charlemagne Tertulien

Thank you to our Sponsors!!



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We're heading to Pebble Beach for the AT&T National Pro-Am! Trip is FREE for

all military, firefighters, and law enforcement plus one guest. Trip is on Feb. 6, but you must sign up at the Rec. Center by Feb. 1. For more information, call 831.386.2406.

Valentine's Day Wine and Dine

It's the day of love and everyone wants to take that someone special out for a special dinner. If you think you have to drive down the mountain for a dinner fit for a Queen(or King), think again! FHL's Hacienda is preparing a meal that rivals any restaurant in town. Menu and pricing not available at print time. Contact the Hacienda at 831.386.2900 for more information.

PARENTS DAY OUT

Do you and your spouse need a day out and away from the kids to run errands, have a date day, or just relax? Send the kids to CYSS for the day on Feb. 16 from 8 a.m.- 5 p.m.! Children must be registered with CYSS and the last day to sign-up is Feb. 8. Cost is \$25/child. For more information, call 831.386.2680.

FebruaryEvents

Black History Month

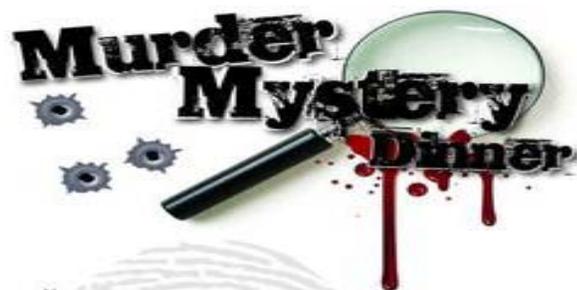
- Tuesdays | 6 p.m. | DeAnza Sports Center
Intramural Basketball
- First & Third Thursday | 11 a.m. | Library
Story Time
- First & Third Saturday | 1 p.m. | Teen Center
Gourmet Cooking Class (R)
- February 2 | 7 p.m. | Recreation Center
UFC 160
- February 3 | 4-10 p.m. | FHL's Hacienda
Super Bowl Party
- February 6 | 8 a.m.- 5 p.m. | Pebble Beach
AT & T Celebrity Challenge (S)
- February 9 | 6 p.m. | Middle School / Teen Center
Sweetheart Dance (R)
- February 10-15 | CYSS
Friendship / Red Week (R)
- February 14 | 6 p.m. | FHL's Hacienda
Valentine's Day Dinner (S, \$)
- February 14 | Recreation Center
Valentine's Day Delivery Service (S, \$)
- February 16 | 8 a.m.- 5 p.m. | CYSS
Parent's Day Out Childcare (R, \$, S)
- February 16 | 6 p.m. | Recreation Center
PPV Boxing
- February 18 | President's Day
MWR HQ, Library, ACS CLOSED
- February 19 | 6 p.m. | Recreation Center
Pool Tournament
- February 20 | 6-7 p.m. | CYSS
Parent Advisory Board Meeting
- February 21 | 11:30 a.m. | FHL's Hacienda
Black History Month Observance
- February 23 | 6 p.m. | FHL's Hacienda
Soul Food Wine and Dine (S, \$)
- February 24- 28 | CYSS
Favorite Animal Week (R)
- February 27 | 6 p.m. | DeAnza Sports Center
Dodgeball Tournament
- February 28 | 6 p.m. | Recreation Center
Bingo Night

MarchEvents

Women's History Month

Tuesdays	6 p.m.	DeAnza Sports Center	Intramural Basketball
First & Third Saturday	1 p.m.	Teen Center	Gourmet Cooking Class (R)
Second & Fourth Thursday	11 a.m.	Library	Story Time
March 2	7 p.m.	Recreation Center	UFC on FUEL: Silva vs. Stann
March 4		CYSS	Fire Dept. Trip (R)
March 7	6 p.m.	Recreation Center	COD Black Ops II Tournament
March 9	6 p.m.	Middle School / Teen Center	Sweetheart Dance (R)
March 9	6-11 p.m.	CYSS	Child Care for Murder Mystery (R, \$, S)
March 9	6-9 p.m.	FHL's Hacienda	Murder Mystery Dinner (S, \$)
March 10	6 p.m.	Recreation Center	XBOX 360 Madden 13 Tournament
March 13	6 p.m.	DeAnza Sports Center	"Army Strong" Benchpress Competition
March 14	5 p.m.	FHL's Hacienda	Wine Festival (\$)
March 15	6 p.m.	CYSS	Spaghetti Dinner & Open House (R)
March 16	3-11 p.m.	CYSS	Parent's Night Out (R, \$, S)
March 16	5- 11:30 p.m.	FHL's Hacienda	St. Patrick's Day Party
March 16	7 p.m.	Recreation Center	UFC PPV: St. Pierre vs. Diaz
March 18	3 p.m.	CYSS	On-post Swimming Trip (R)
March 20	1 p.m.	CYSS	On-post Bowling Trip (R)
March 21	5 p.m.	CYSS	Parent's Advisory Board Meeting
March 21	11:30 a.m.	FHL's Hacienda	Women's History Month Observance

March 21	6 p.m.	Recreation Center	Pool Tournament
March 22	3-5 p.m.	CYSS	On-post Movie Trip (R)
March 22		Middle School / Teen Center	Overnight Lock-in
March 23	8 a.m.- 5 p.m.	Cambria	Hearst Castle Excursion (S, \$)
March 23	8 a.m.- 2 p.m.	Big Sur	POM Big Sur Mud Run
March 30		Library	Last day to submit for essay contest



Join us for an evening of betrayal, suspense, mystery...

and a delicious dinner! The Murder Mystery Dinner Theater, brought to you by Army Entertainment, is coming back to FHL on March 9 at FHL's Hacienda! Do you secretly have a passion for acting? Audition to be in the show! Keep a look-out for more information about pricing and casting calls. For more information, call 831.386.2383.

Story Time



Studies show that reading aloud to children helps them acquire early language skills, and promotes brain development. That's why on the second and fourth Thursday in March the Library will host Story Time for pre-schoolers! Bring the kids by for a few stories before nap time. For more information, call 831.386.2719.

1. MWR logo (bottom left)
2. Missing shoe in picture (middle left)
3. Missing disk on back wall
4. Missing doorknob (middle right)
5. 49ers writing missing (boy's shirt)

Key: R Registration Required, \$ Cost Associated, S Sign-up Deadline

For more information, please contact the facility. Information located on back.

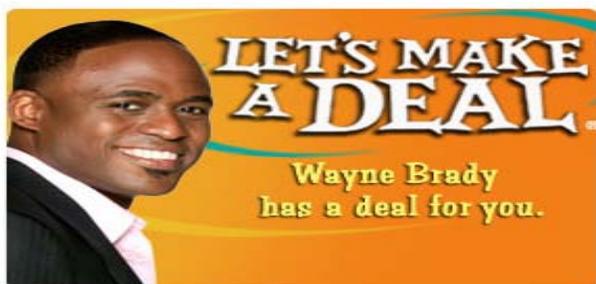
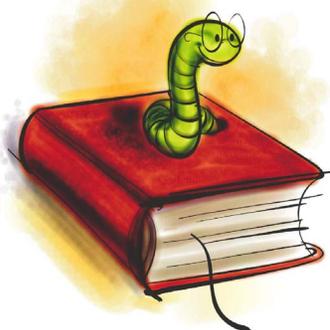
INTRAMURAL BASKETBALL CHAMPIONSHIP



Last year, the 91st Division took home the title...who will win this year? Come cheer on your favorite team and players at the Championship game! For more information, call 831.386.2784.

National Library Week

First sponsored in 1958, National Library Week is a national observance sponsored by the American Library Association. Celebrate with us and keep a lookout for events at your local library this April! For more information, call 831.386.2719.



Trip is open to military personnel only, and FREE for everyone who signs up! Costumes are required. The last day to sign-up is Apr. 17. For more information, call 831.386.2406.

Key: **R** Registration Required, **\$** Cost Associated, **S** Sign-up Deadline

For more information, please contact the facility.
Information located on back.

AprilEvents

Month of the Military Child

Second & Fourth Thursday | 11 a.m. | Library
Story Time

April 2 | CYSS

Santa Cruz Beach Trip (R)

April 4 | Middle School / Teen Center

Santa Clara & Great America Trip (R)

April 4 | 6 p.m. | DeAnza Sports Center

IM Basketball Championship

April 5 | 6 p.m. | Recreation Center

COD MW3 Tournament

April 6 | 1 p.m. | Middle School / Teen Center

Gourmet Cooking Class (R)

April 7-12 | CYSS

Crazy Week (R)

April 13 | 7 a.m.- 1:30 p.m. | Del Venturi Pond

Youth Fishing Derby

April 14-20 | Library

National Library Week

April 15 | 7-9 a.m. | CYSS

Parent Appreciation Breakfast

April 15 | 6-8 p.m. | Recreation Center

Madden 13 Tournament

April 17 | 5 p.m. | CYSS

Parent Advisory Board Meeting

April 20 | 10 a.m.- 2 p.m. | Bradley Park

Month of the Military Child Celebration

April 20 | 6 p.m. | FHL's Hacienda

Wine and Dine (\$, S)

April 23 | 6 p.m. | DeAnza Sports Center

Volleyball Jamboree

April 24 | CYSS

Musical Parade at HQ (R)

April 25 | 6 p.m. | Recreation Center

Pool Tournament

April 27 | 2 p.m. | Middle School / Teen Center

Cupcake Wars (R)

April 27 | 6 p.m. | Recreation Center

PPV Boxing: Martinez vs. Murray

April 30 | 10 a.m. | CYSS

Splash Park Field Trip (R)

April 30 | 7 a.m.- 9 p.m. | Los Angeles

Let's Make A Deal Trip (S)

Photo by Kristen Baker



Photo by Kristen Baker



Right: Participants show off their catch of the day at the Annual Youth Fishing Derby. Left: The 2012 winner of the Youth Fishing Derby, Tucker Moont.

Month of the Military Child

By Kristen Baker, Marketing Coordinator

April is the Month of the Military Child (MOMC), and throughout the month, the children of U.S. service members across the globe will be honored and celebrated for their sacrifices and contributions to the military community.

"It's really exciting that the Department of Defense, the White House, and civic leaders recognize the sacrifices that military children make," Barbara Thompson, director of the Pentagon's office of family policy, children and youth, told American Forces Press Service. "It's particularly important during these times of conflict, when children are missing their parents and are sacrificing a lot, to say your sacrifice is recognized and we want to commend you for what you do for your family."

Military children's sacrifices and contributions have risen to the forefront in recent years, Thompson said, as people have become increasingly aware of the impact a decade of war is having on military families. Along with the typical military-related stressors of multiple moves and schools, children also have had to deal with long-term, multiple deployments and separations from one, or both, parents over the past 10-plus years, Thompson said. More than 900,000 military children have had a parent deploy multiple times, she added.

At Fort Hunter Liggett, the first of the MOMC celebrations
Howler | **Spring 2013**

kicks off with the 11th Annual Youth Fishing Derby. Each year, hundreds of families travel from as far north as San Francisco, and as far south as San Diego, in hopes of catching a few fish and winning prizes.

"Seeing the little kids with big fish, bright smiles, and with their families is what makes this so worth it. Normally, the only family time that children get is at home with their parents. It's nice to see everyone outside enjoying themselves," Recreation Program Manager Glen McMurtry said.

The pond is stocked a few days in advance with approximately 5,000 pounds of Rainbow Trout. In 2012, about 500 pounds of the fish was donated by the California Department of Fish and Wildlife. Sponsors from all over California, like the Rocky Mountain Elk Foundation, donate their time and prizes such as tackle boxes, fishing rods, bait, and much more. The Derby is free to all who attend and the outside community is invited to participate.

"Sponsors increase donations each year, and we have fishing coaches on site to help the beginners. Because we open the event to surrounding areas, it has become such a large part of this community throughout the years," Mr. McMurtry said.

This year's Youth Fishing Derby will be held on April 13 at 7 a.m. at Del Venturi Pond. The MOMC Carnival and Festival will be on April 20 at 10 a.m. at Bradley Park.





By Kristen Baker, Marketing Coordinator

March is National Nutrition Month, an education and information campaign created by the American Dietetic Association (ADA). The campaign focuses on the importance of making informed food choices, developing sound eating habits, and incorporating physical activity for a healthy lifestyle. The ADA, with more than 70,000 members, is the world's largest organization of food and nutritional professionals.

Although it can be difficult to focus on nutrition in today's society, there are ways to eat healthy as long as you know how.

First, you need to have a plan. It's difficult to go from pizza and cheeseburgers to fruits and vegetables right away. Long-term success requires you to begin with small steps. Begin by adding nutrition in baby steps. Here are a few tips:

- Eat raw vegetables with salsa.
- Use non-fat milk or sugar-free syrup to lighten up your morning coffee.
- Savor your meals. Studies show that eating quickly, in less than 20 minutes, leads to overeating.
- Leave food on your plate. By leaving even a few bites, you'll be able to focus on your satisfaction and less on eating food simply because it's there.
- Think before you drink. Soft drinks, juices, energy drinks, specialty coffees,

and alcohol add calories just like food. When possible, trade in these drinks for some good ol' H₂O.

- Be sure to incorporate exercise into your lifestyle, even if all you can manage is a 20-minute walk around the neighborhood.

Once you feel comfortable with the progress you've made, start adding more fruits, vegetables and other nutrient rich foods into your meals. Here are a few suggestions:

- **Banana Split:** Top a sliced banana with yogurt and a spoonful of almonds or walnuts.
 - Make a habit of adding fruit to your morning oatmeal, cereal, yogurt, or pancakes.
 - Add pizzazz to sandwiches with sliced peppers, cucumbers, tomatoes, bananas, and the like.
 - Stock up on raw vegetables and fruits for healthy, nutrition rich, ready-to-eat snacks.
 - Taste the rainbow. Make your main dish a salad with variety of colorful vegetables, add chickpeas, and top your salad with salsa or low-fat dressing.
- Remember that half of your plate should be filled with vegetables, one-fourth meat, poultry, or fish, and one-fourth grains. For dessert, have fruit or the above-mentioned low fat banana split. Plan your meals ahead of time to avoid overeating. And don't be afraid to experiment with new foods! When eating, here are some other points to consider:
- Does your meal contain foods from

all five food groups?

- Do you have the right amount of servings from each food group?
- Have you included foods you enjoy eating?

Don't lose sight of the big picture- achieving good health. Research shows that good health raises self-esteem, which correlates with healthy eating and weight loss. So, this March, get your nutrition on track! 

Information courtesy of the American Dietetic Association.

DeAnza Sports Center Activity Schedule

"Go Red for Women" Walk
Feb. 1 | 12 p.m. | HQ Flagpole

Dodgeball Tournament
Feb. 27 | 6 p.m. | Sports Center

"Army Strong" Benchpress Competition
March 13 | 6 p.m. | Sports Center

Volleyball Jamboree
April 23 | 6 p.m. | Sports Center

BLACK HISTORY MONTH

By *Kristen Baker, Marketing Coordinator*

Black History Month dates back to 1926 when U.S. historian Carter G. Woodson established "Negro History Week." Convinced that the role of African-Americans in American history was being ignored, he realized the need for research into the neglected past of African Americans. Woodson chose the second week of February because it marked the birthdays of two Americans who influenced the lives and social conditions of African-Americans: former President Abraham Lincoln (February 12) and former slave turned abolitionist Frederick Douglass (February 14). Negro History Week became Black History Month in 1976. Black History Month is now celebrated annually in the United States and Canada during the month of February.

The father of Black History Month, Carter G. Woodson, was himself the son of former slaves James and Eliza Riddle Woodson. His father helped the Union Soldiers during the Civil War, and after the war was won, moved his family to West Virginia, where an African-American school was being built. Carter was not able to regularly attend high school, but managed to teach himself the fundamental school subjects by age 17. He then went on to earn his Bachelor's Degree from the University of Chicago. In 1912, he became the second African-American to earn his PhD from Harvard University. His tenacity and determination to recognize African-American history, as well as the importance of education for African-Americans no doubt paved the way for many other influential African-Americans such as Martin Luther King Jr., Maya Angelou, Colin Powell, President Barack Obama, and Oprah Winfrey, to name a few.

Each year, Black History Month is given a theme, and the 2013 theme is "At the Crossroads of Freedom and Equality: The

Emancipation Proclamation and the March on Washington."

With President Abraham Lincoln's issuance of the Emancipation Proclamation in 1863, the Civil War quickly became a war to save the Union and to abolish slavery. During the Civil War, African-American Soldiers comprised ten percent of the Union Army and about one third of these enlisted Soldiers lost their lives. Then in 1963, 100 years later, America once again found itself at a crossroad. By this time, the U.S. Supreme Court had outlawed racial segregation in public schools, but this was not recognized by the nation as a whole.

According to the Association for the Study of African-American Life and History, "On August 28, 1963, hundreds of thousands of Americans, blacks and whites, Jews and gentiles, Protestants and Catholics, marched to the memorial of Abraham Lincoln, in the continuing pursuit of equality of citizenship and self-determination. Just as the Emancipation Proclamation had recognized the coming end of slavery, the March on Washington for jobs and freedom announced that the days of legal segregation in the United States were numbered."

This year, come celebrate with Family and MWR as we honor the many African-Americans in history. Check out the box below for scheduled events. 

February 21 | 11:30 a.m. | FHL's Hacienda
Black History Month Celebration
with guest speaker Capt. Zerbin Singleton

February 23 | 6 p.m. | FHL's Hacienda
Soul Food Wine and Dine



By Les Toth, ACS Division Chief

We are well into the year 2013, but there is never a bad time to set new resolutions. Here is a challenge for setting financial goals and a plan. A family meeting is a great way to creatively discuss family finances and set goals. Gradually test ideas and stick to those that work for your family. Working together to reach financial goals makes success even better.

- Create a financial plan. Research shows that people who have a plan save twice as much as those who don't, even with the same income. Well-defined financial goals are an important part of money management.

- Organize financial papers. As you receive bills, open them, check for accuracy, and file them in a "to be paid" file.

- Track spending. It's easy not to notice when you spend money on small items, such as a cup of coffee, but those small charges add up.

- Use free time to develop new skills. Using your own time, energy, and skills

to meet your needs is a great way to cut expenses. Learn to change your oil, bake cookies, or make gifts.

- Pay off credit debt. Paying off a credit card balance that costs you 21 percent in annual interest rates is the same as earning 21 percent on an investment- a GREAT return.

- Stay away from "rent-to own." This may seem like a great way to buy a new appliance, but it can cost you more money. For example, a \$580 color TV could end up costing you over \$1,400 through a typical rent-to-own plan.

- Create a shopping list. Over 66 percent of all grocery purchases are impulse purchases, which add to the bill. Take the time to create a shopping list and look for coupons to match your list.

- Pack a lunch. Packing a lunch three days a week can save you over \$450/year (on a \$5/day scale). Besides, this option encourages healthy eating.

- Learn the phrase "That's not in my budget." This is a great way to avoid doing something that isn't in your budget without making you feel guilty.



February 13 | 2 p.m. | Family Readiness Center
SA Prevention Awareness Training

February 14 | 11 a.m. | Family Readiness Center
Military Acronyms and Terms

February 21 | 11 a.m. | Family Readiness Center
Team Dynamics

February 26 | Noon | Family Readiness Center
Coupon Club

March 1

Army Emergency Relief (AER) Campaign Begins

March 6 | 7 a.m. & 12:30 p.m.

AER Kickoff Fun Run/Walk/Cycle - DeAnza Sports Center
Cake Cutting Ceremony- Dining Facility

March 7 | 11 a.m. | Family Readiness Center
Introduction to Military Customs & Courtesies

March 12 | 11 a.m. | Family Readiness Center
The Volunteer Experience

March 14 | 2 p.m. | Family Readiness Center
Family Wellness Skills

March 21 | 11 a.m. | Family Readiness Center
Stress Management

March 27 | 2 p.m. | Family Readiness Center
Reporting Procedures

April 4 | 1 p.m. | ACS

Child Abuse Prevention Pinwheel Planting

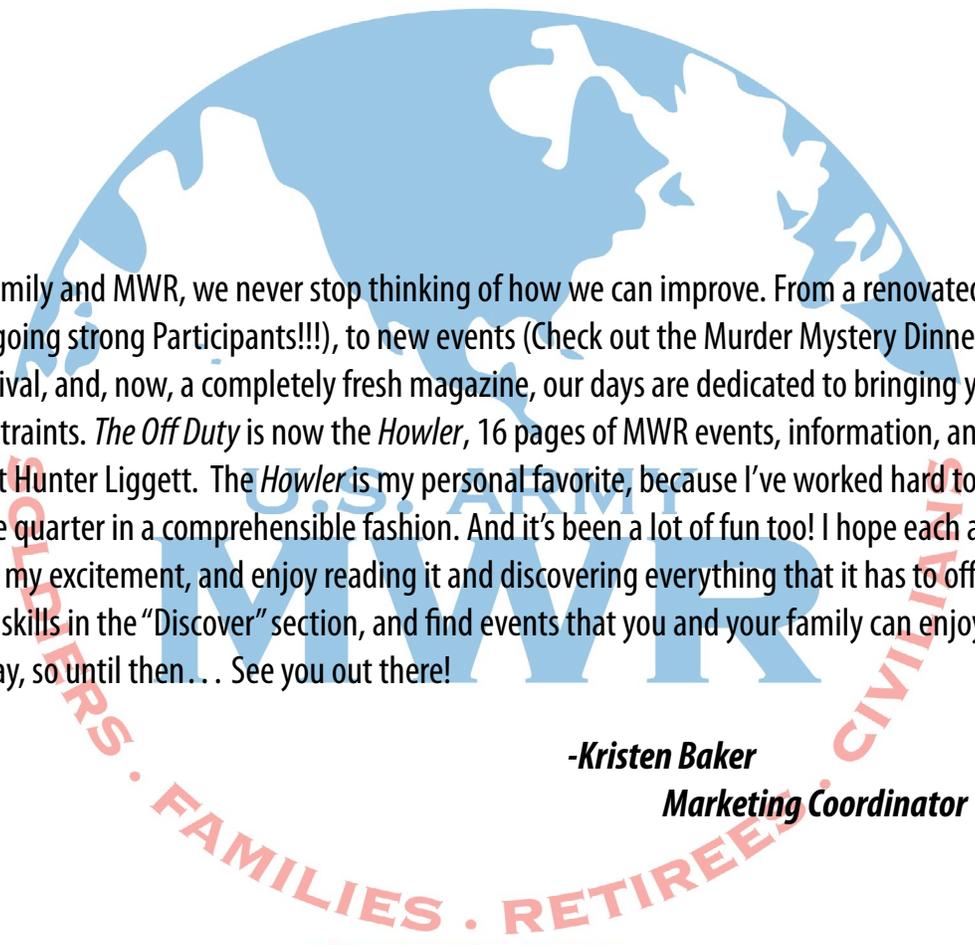
April 10 | 7 a.m. | DeAnza Sports Center
AER Fun Run/Walk/Cycle

April 11 | 11 a.m. | Family Readiness Center
Basic Problem Solving

April 16 | 11 a.m. | Family Readiness Center
Traditions, Customs, Courtesies, & Protocol

April 18 | 2 p.m. | Family Readiness Center
Child Abuse Prevention Training

For more information, please contact ACS.



Here at Family and MWR, we never stop thinking of how we can improve. From a renovated Biggest Loser Program (Keep going strong Participants!!!), to new events (Check out the Murder Mystery Dinner on page five), to the Wine Festival, and, now, a completely fresh magazine, our days are dedicated to bringing you the very best, even under constraints. *The Off Duty* is now the *Howler*, 16 pages of MWR events, information, and relevant news surrounding Fort Hunter Liggett. The *Howler* is my personal favorite, because I've worked hard to bring you all of our events of the quarter in a comprehensible fashion. And it's been a lot of fun too! I hope each and every one of you can share in my excitement, and enjoy reading it and discovering everything that it has to offer. So, turn the pages, test your skills in the "Discover" section, and find events that you and your family can enjoy! The next issue will be out in May, so until then... See you out there!

-Kristen Baker

Marketing Coordinator





The AER Campaign kicks off March 1!!

Contribute to your local AER fund or send a contribution to AER National Headquarters! All contributions are tax deductible. Unsolicited donations are accepted any time by mail or online. For more information, contact Sharon Usrey at 831.386.2372 (local) or visit www.aerhq.org today!

Check the Army Community Services on page 10 for scheduled AER events happening near you!

Written by David Vergun

WASHINGTON (Army News Service, Dec. 28, 2012)

A Army Emergency Relief scholarships for the academic year 2013-2014 will be available starting Jan. 2, for spouses and children of Soldiers, retired Soldiers and reserve-component Soldiers on Title 10 orders. The application deadline is May 1.

The Maj. Gen. James Ursano Scholarships are for unmarried children under the age of 23.

"Scholarship awards for children are based on financial need, grade point average and leadership and activity roles -- like sports, scouting and student council -- held over the last four years," said Tammy LaCroix, AER Scholarship Program manager. "A student could qualify under one, two or all three of the criteria."

The Spouse Education Assistance Program Scholarships are based solely on financial need, LaCroix said.

Applicants of both scholarships must be pursuing their first undergraduate degree at an accredited college or university. All applicants must maintain a GPA of 2.0 on a GPA scale of 4.0.

Transcripts need to be included in applications, along with a "Free Application for Federal Student Aid" form and report. Children who have not attended college should submit their high school transcripts instead.

Scholarship funds can be used for tuition, fees, books, supplies

and room and board.

This year there has been a change in the application procedure.

"Instead of mailing, emailing or faxing the forms, transcripts and other paperwork, all submissions must be submitted online," LaCroix said.

The new procedure should make the process more efficient and will eliminate problems like forms getting lost in the mail, she added.

According to LaCroix, 5,218 applications were received for the Maj. Gen. James Ursano Scholarship for the 2012-2013 academic year. Of those, 2,614 scholarships were awarded, with an average award of \$2,550. For the same academic year, more than 2,200 applications were received for the Spouse Education Assistance Program, with 757 scholarships being awarded. The average award was \$3,205.

AER is a private, non-profit organization dedicated to providing financial assistance to Soldiers, active and retired, and their families. Since its incorporation in 1942, AER has provided around \$1.4 billion to more than 3.4 million Soldiers, families and retirees.

Forms and instructions for both scholarships can be found at <http://www.aerhq.org/dnn563/EducationalAssistance.aspx>.

To request more information, applicants can call 866-878-6378 or email scholarships@aerhq.org.

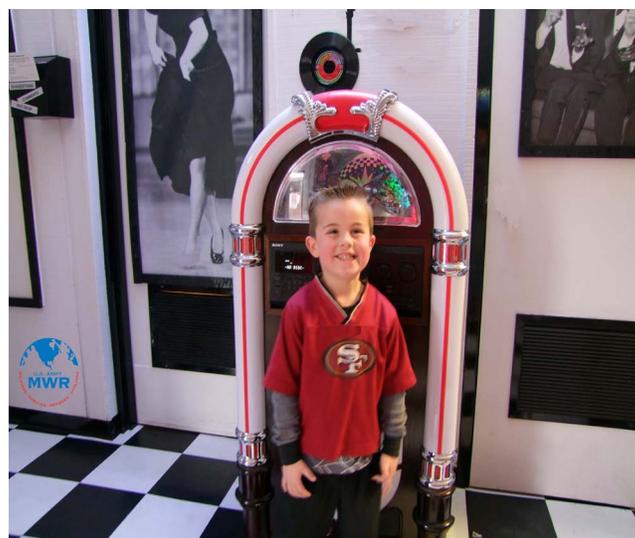
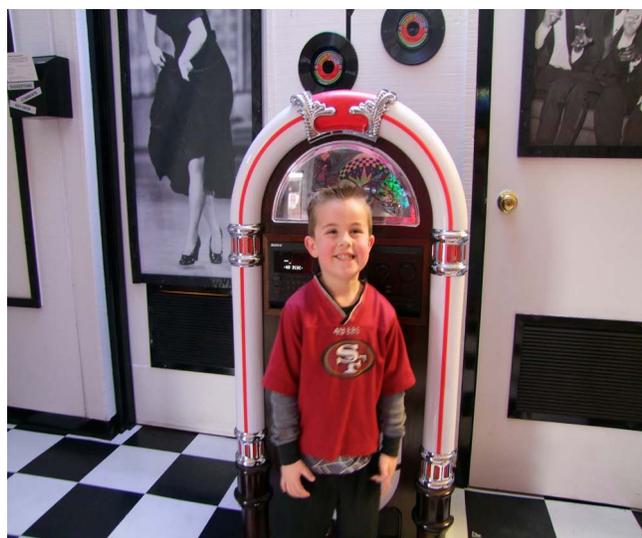
Anyone interested in making donations to AER can visit their website at [aerhq.org](http://www.aerhq.org) for instructions. 



- ALLERGIES
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- SPRING BREAK
- TULIPS
- WET

- APRIL
- BEES
- CYCLAMENS
- DANDELIONS
- EQUINOX
- FROGS
- GRASS
- GROWTH
- LILIES
- MAY
- PLANTING
- RENEWAL
- SEASON
- SOFTBALL
- SPRING CLEANING
- WARMER

Spot the *Difference*



Can you spot the five changes in the second picture? Answers on page 5.



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Photo by Kristen Baker

Photo: A few guests at the 2nd Annual Holiday Ball pose for a picture.



Photo by Kristen Baker

Photo: Santa is greeted by an excited crowd at the annual Holiday Tree Lighting Ceremony and Community Potluck.



Photo by Rebecca Deimler

Photo: Participants race towards the ball for their chance to win a turkey for Thanksgiving Day, at the annual Turkey Trot.



Photo by Rebecca Deimler

Photo: These fierce competitors won themselves a turkey at the annual Turkey Trot.



Photo by Kristen Baker

Photo: LTC Everett prepares to light the Fort Hunter Liggett Holiday Tree, with the children of the community, at the annual Holiday Tree Lighting Ceremony and Community Potluck.

We want your photos!
Send in your pictures from any one of our Family and MWR events and it could be in the next issue of The Off Duty!
Just Email:
Rebecca.L.Deimler.NAF@mail.mil



Photo by Rebecca Deimler

Photo: The Rec. Center lead, Juan Jacquez, takes a break for a picture at the annual Military Family Appreciation celebration.



Photo by Kristen Baker

Photo: A couple dance to the sounds of "Little Creek" at the 2nd Annual Holiday Ball.



Photo by Rebecca Deimler

Photo: Daisy Hernandez put her face painting skills to the test at the annual Military Family Appreciation celebration.



Photo by Kristen Baker

Photo: Everyone looked amazing at the 2nd Annual Holiday Ball.



Photo by Kristen Baker

Photo: Beautiful family at the annual Holiday Tree Lighting Ceremony and Community Potluck.



Photo by Kristen Baker

Photo: (left to right) King City Mayor Robert Cullen, Fort Hunter Liggett Commander COL Donna Williams, Fort Hunter Liggett Command Sergeant Major Kevin Newman, Ladies Auxiliary President Sandy Lockwood, and VFW Post 6747 Commander Robert Lockwood.

Army Community Services (ACS)

Provides individual/ unit assistance on deployment, reintegration, financial readiness, and transition assistance.

Building 196, Infantry Rd.

Phone: 831- 386- 2375

Open: Mon-Fri 7:30 a.m.- 4:30 p.m.

Army Lodging

Building 196, Infantry Rd.

Phone: 831- 386-2511

Open:

Mon- Fri 7:30 a.m.- 4p.m. Sat & Sun 8 a.m.- 4:30 p.m.

Child, Youth, and School Services

Offers day care, hourly care, and after school programs.

Building 177 & 178, Stuart Rd.

Phone: 831- 386- 2605

Open: Mon-Fri 7 a.m.- 5:30 p.m.

DeAnza Sports Center

Treadmills, exercise bikes, weight rooms, and indoor heated pool.

Building 219, Bradley Rd.

Phone: 831- 386- 2784

Open: (Gym) Mon-Fri 5 a.m.- 9 p.m.

Sat & Sun Noon- 9 p.m.

(Pool) Daily Noon- 7 p.m.

Family Readiness Center

Offers meeting space, kitchen, dining room- great for parties and events. Available during the day, evening, weekend, and holidays. Call ACS for details and booking.

Building 124, Sulphur Springs Rd.

FHL's Hacienda

Provides lodging and weekly entertainment.

Full bar in the evening.

Building 101, Infantry Rd.

Phone: 831- 386- 2900

Open: (Reservations) Mon- Fri 7:30 a.m.- 4:30 p.m.

(Bar) Wed-Fri 5 p.m.- 11 p.m.

Sat 5 p.m.- 2 a.m.

Hunting and Fishing Office

Provides a resting spot for those out hunting on Fort Hunter Liggett.

Building 191, Bradley Rd.

Phone: 831- 386- 2677

Open: Mon-Fri 7 a.m.- 3:30 p.m.

Sat & Sun 5 a.m.- 5 p.m.

Library

Check out a variety of books and magazines.

Reference materials available.

Building 291, 7th Division Rd.

Phone: 831- 386- 2719

Open: Mon-Thurs 10 a.m.- 7 p.m.

Sat 10 a.m.- 4 p.m.

Liggett Lanes Bowling Center

Bowling and snack bar.

Building 121, Infantry Rd.

Phone: 831- 386- 2194

Open: (Bowling) Wed-Fri 5 p.m.- 10 p.m.

Sat Noon- 10 p.m.

Sun Noon- 8 p.m.

(Snack Bar) Wed- Fri 5 p.m.- 10 p.m.

Sat Noon- 10 p.m.

Sun Noon- 8 p.m.

Recreation Center

Offers off-post recreational trips, games, and recreational equipment for rent.

Building 287, Infantry Rd.

Phone: 831- 386- 2406

Open: Daily 10 a.m.- 10 p.m.

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