



## DFAC Hours of Operation

Breakfast	0600-0730
Lunch	1130-1300
Dinner	1700-1830

## Standard breakfast menu:

- Eggs to Order
- Bacon or Sausage or Ham
- Biscuits & Gravy
- Variety of Cereals & Yogurts
- Some Fruits & Pastries

### January 1, 2011

#### Lunch

Turkey Ala King  
 Braised Spareribs  
 Paprika Buttered Potatoes  
 Brown Gravy  
 Steamed Rice  
 Corn on the Cob  
 Mixed Vegetable Blend  
 Chicken Gumbo Soup  
 Corn Bread

#### Dinner

Salisbury Steak  
 Chicken Alfredo  
 Egg Noodles  
 Scalloped Potatoes  
 Black Eyed Peas  
 Mustard Greens  
 Mushroom Gravy  
 Turkey & Rice Soup  
 Dinner Rolls

### January 2, 2011

#### Lunch

Scalloped Ham & Noodles  
 BBQ Beef Cubes  
 Steamed Rice  
 Oven Brown Potatoes  
 Broccoli Combo  
 Green Beans  
 Brown Gravy  
 Corn Chowder Soup  
 Dinner Rolls

#### Dinner

Beef Teriyaki Steak  
 Lemon Baked Fish  
 Steamed Rice  
 Mashed Potatoes  
 Peas & Carrots  
 Vegetable Stir Fry  
 Beef & Vegetable Soup  
 Dinner Rolls

### January 3, 2011

#### Lunch

Lasagna  
 Beef Fajitas  
 Refried Beans  
 Mexican Rice  
 Mexican Corn  
 Rancho Fiesta Vegetable  
 Tomato & Rice Soup  
 Corn Bread

#### Dinner

Savory Baked Chicken  
 Roast Pork  
 Mashed Potatoes  
 Oven Brown Potatoes  
 Broccoli  
 Carrots  
 Chicken Gravy  
 Egg Drop Soup  
 Dinner Rolls

### January 4, 2011

#### Lunch

Beef & Vegetable Stir Fry  
 Chicken Adobo  
 Egg Roll  
 Fried Rice  
 Egg Noodles  
 Vegetable Stir Fry  
 Asparagus  
 Cauliflower  
 Chicken Gumbo  
 Dinner Rolls

#### Dinner

Roast Turkey  
 Baked Ham Steak with  
 Pineapple  
 Mashed Potatoes  
 Savory Bread Dressing  
 Corn  
 Turkey Gravy  
 Chicken Rice Soup  
 Dinner Rolls

### January 5, 2011

Lunch	Dinner
Beef Stew	Baked Fish
Chinese Five Spice Chicken	Roast Beef
Steamed Rice	Steamed Rice
Mashed Potatoes	Au Gratin Potatoes
Mixed Vegetables	Steamed Broccoli
Corn	Succotash
Chicken Gravy	Brown Gravy
Beef & Noodle Soup	Beef Vegetable Soup
Dinner Rolls	Dinner Rolls

### January 6, 2011

Lunch	Dinner
Turkey Nuggets	Spaghetti with Meat Sauce
Beef Yakisoba	Glazed Cornish Hens
Franconia Potatoes	Steamed Rice
Brussels Sprouts	Mash Potatoes
Oriental Mixed Vegetables	Corn on the Cob
Turkey Gravy	Vegetable Stir Fry
Chicken Noodle Soup	Chicken Gravy
Dinner Rolls	Onion Soup
	Dinner Rolls

### January 7, 2011

Lunch	Dinner
Beef & Corn Pie	BBQ Spareribs
Grilled Chicken Breast	Fried Catfish
Parsley Buttered Potatoes	Mac & Cheese
Steamed Rice	Mashed Potatoes
Cauliflower	Fried Cabbage
Vegetable Combo	Carrots
Chicken Gravy	Brown Gravy
Beef Noodle Soup	Cream and Broccoli Soup
Dinner Rolls	Corn Bread

### January 8, 2011

Lunch	Dinner
Southern Fried Chicken	Caribbean Chicken Breast
Beef Stroganoff	Pork Chops with
Noodles Jefferson	Mushroom Gravy
Orange Rice	Brown Gravy
Simmered Cauliflower	Mashed Potatoes
Steamed Peas & Carrots	Steamed Rice
Beans & Bacon Soup	Calico Corn
Chicken Gravy	Steamed Broccoli
Chicken Gumbo Soup	Dinner Rolls
Dinner Rolls	

### January 9, 2011

Lunch	Dinner
Cajun Baked Fish	Veal Parmesan
Chicken Pot Pie	Chili Mac
Baked Potatoes Halves	Rice Pilaf
Fried Rice	Au Gratin Potatoes
Stir Fry Cabbage	Brown Gravy
Mixed Vegetable	Vegetable Stir Fry
Spanish Soup	Steamed Peas
Dinner Rolls	Chicken Noodle Soup
	Dinner Rolls

### January 10, 2011

Lunch	Dinner
Garlic Butter Fish Fillet	Beef Porcupines
Swiss Steak with Mushrooms Gravy	Turkey Cutlets
Oven Brown Potatoes	Steamed Rice
Steamed Rice	Mashed Potatoes
Mushroom Brown Gravy	Turkey Gravy
Steamed Green Beans	Steamed Peas
Steamed Zucchini	Succotash
Beef Bouillon Soup	Minestrone Soup
Corn Bread	Dinner Rolls

### January 11, 2011

Lunch	Dinner
Chicken Szechwan	Cantonese Spareribs
Braised Pork Chops	Swedish Meatballs
Rissole Potatoes	Brown Gravy
Steamed Rice	Mashed Potatoes
Vegetable Mixed Blend	Steamed Rice
Corn	Mustard Green
Chicken Gravy	Peas & Carrots
Beef Vegetable Soup	Chicken Noodle Soup
Dinner Rolls	Dinner Rolls

### January 12, 2011

Lunch	Dinner
Spaghetti with Meat Sauce	Oriental Pepper Steak
Italian Sausage	Baked Fish Portion
Parleyed Buttered Potatoes	Paprika Potatoes
Steamed Rice	Steamed Rice
Green Beans	Steamed Carrots
Spinach	Simmered Lima Beans
French Onion Soup	Cream of Potato Soup
Dinner Rolls	Corn Bread

### January 13, 2011

Lunch	Dinner
Beef Pot Roast	Chicken Tetrizzini
Tempura Fish	Simmered Knock
Steamed Rice	Oven Brown Potatoes
Mashed Potatoes	Steamed Rice
Natural Pan Gravy	Stewed Tomatoes
Calico Babbage	Steamed Broccoli
Steamed Wax Beans	New England Fish
Beef Barley Soup	Chowder
Dinner Rolls	Dinner Rolls

### January 14, 2011

Lunch	Dinner
Chicken Fajita	Stir Fry Chicken
Pork Chalupa	Braised Beef Cubes
Oven Brown Potatoes	Franconia Potatoes
Rice Pilaf	Steamed Rice
Steamed Carrots & Celery	Succotash
Vegetable Combo	Brussels Sprouts
Mexican Onion Soup	Manhattan Clam Chowder
Corn Bread	Dinner Rolls

### January 15, 2011

Lunch	Dinner
Turkey Pot Pie	Chicken Enchiladas
Fish Amandine	Beef Burritos
Steamed Rice	Refried Beans with Cheese
Scalloped Potatoes	Mexican Rice
Herbed Broccoli	Mexican Corn
Corn Combo	Mixed Vegetables
Chicken Gravy	Tomato Soup
Corn Chowder Soup	Corn Bread
Dinner Rolls	

### January 16, 2011

Lunch	Dinner
Meat Loaf	Grilled Ham Slices
Fried Chicken	Spaghetti W / Meat Sauce
Mashed Potatoes	Steamed Rice
Macaroni & Cheese	Candied Sweet Potatoes
Fried Cabbage	Pineapple Sauce
Green Beans	Broccoli Parmesan
Brown Gravy	Corn on the Cob
Beef Rice Soup	Chicken Egg Drop Soup
Dinner Rolls	Dinner Rolls

### January 17, 2011

Lunch	Dinner
Bombay Chicken	Oven Fried Fish
Beef Broccoli	El Rancho Stew
Steamed Rice	Steamed Rice
Mashed Potatoes	Parsley Buttered Potatoes
Brussels Sprouts	Broccoli Parmesan
Corn O'Brian	Mixed Vegetable
Chicken Gravy	Split Pea with Ham Soup
Beef Vegetable Soup	Dinner Rolls
Dinner Rolls	

### January 18, 2011

Lunch	Dinner
Ginger Pot Roast	Sweet & Sour Spareribs
Grilled Pork Chops	Parmesan Fish Fillet
Steamed Rice	Steamed Rice
Franconia Potatoes	Rissole Potatoes
Steamed Peas & Carrots	Calico Cabbage
Cauliflower	French Cut Green Beans
Doubly Good Chicken Soup	Toasted Garlic Bread
Natural Pan Gravy	Bean/Beacon Soup
Dinner Rolls	

### January 19, 2011

Lunch	Dinner
Pork Adobo	Chicken Parmesan

Herbed Baked Fish  
Steamed Rice  
Oven Brown Potatoes  
Stir Fry Cabbage  
Vegetable Combo  
Chicken Rice Soup  
Dinner Rolls

Swedish Meat Balls  
Orange Rice  
Mashed Potatoes  
Brown Gravy  
Stir Fry Vegetable  
Succotash  
French Onion Soup  
Dinner Rolls

### January 20, 2011

#### Lunch

Jambalaya Shrimp  
BBQ Chicken Breast  
Mashed Potatoes  
Tossed Green Rice  
Chicken Gravy  
Vegetable Combo  
Steamed Green Beans  
Beef Vegetable Soup

#### Dinner

Grilled Steak with Onion  
Baked Tuna Noodles  
Steamed Rice  
O'Brien Potatoes  
Mixed Vegetable  
Spinach  
Brown Gravy  
Corn Chowder Soup

### January 21, 2011

#### Lunch

Teriyaki Steak  
Fried Cat Fish  
Baked Potatoes  
Fried Rice  
Brown Gravy  
Steamed Corn  
Vegetable Stir Fry  
Zesty Bean Soup  
Dinner Rolls

#### Dinner

Spaghetti with Meatballs  
Italian Sausage  
Noodles Jefferson  
Oven Brown Potatoes  
Steamed Broccoli  
Glazed Carrots  
Minestrone Soup  
Dinner Rolls

### January 22, 2011

#### Lunch

Chicken Cacciatore  
Beef Fajitas  
Home Fried Potatoes  
Spanish Rice  
Mexican Corn  
Succotash  
Beef Barley Soup  
Corn Bread

#### Dinner

Ham Steak  
Roast Turkey  
Candied Sweet Potatoes  
Steamed Rice  
Chicken Gravy  
Steamed Cauliflower  
Steamed Asparagus  
Chicken Vegetable Soup  
Dinner Rolls

### January 23, 2011

#### Lunch

Teriyaki Beef Slices  
Roast Pork Loin  
Egg Rolls  
Pork Fried Rice  
Mashed Potatoes  
Green Beans  
Friend Cabbage  
Egg Drop Soup  
Dinner Rolls

#### Dinner

Stuffed Green Peppers  
Hot & Spicy Chicken  
Steamed Rice  
Scalloped Potatoes  
Mixed Vegetable  
Corn Combo  
Chicken Gravy  
Cream of Broccoli Soup  
Dinner Rolls

### January 24, 2011

#### Lunch

Oven Roast Beef  
Baked Lemon Fish  
Steamed Rice

#### Dinner

Ranchero Steak  
Caribbean Chicken Breast  
Oven Brown Potatoes

Au Gratin Potatoes  
Steamed Broccoli  
Succotash  
Brown Gravy  
Vegetable Soup  
Dinner Rolls

Spanish Rice  
Corn  
Steamed Peas W/Onion  
Brown Gravy  
Tomato Soup  
Corn Bread

### January 25, 2011

#### Lunch

Beef Brugal  
Pork Schnitzel  
Mashed Potatoes  
Parsley Buttered Potatoes  
Broccoli Parmesan  
Carrots  
Beans  
Brown Gravy  
Tomato Rice Soup  
Toasted Parmesan

#### Dinner

Chicken Ala King  
BBQ Spareribs  
Buttered Rice  
Glazed Sweet Potatoes  
Corn on the Cob  
Southern Style Green  
Corn Bread  
Chicken Rice Soup

### January 26, 2011

#### Lunch

Pork Chop Mexicana  
Dinner  
Grilled Bratwurst  
Oven Brown Potatoes  
Steamed Rice  
Broccoli  
Sliced Carrots  
Chicken Rice Soup  
Natural Plan Gravy  
Dinner Rolls

#### Dinner

New England Boiled  
Fried Fish Portions  
Boiled Potatoes  
Mixed Vegetables  
Boiled Cabbage with  
Bacon  
Mustard Sauce  
Cream of Mushroom Soup  
Dinner Rolls

### January 27, 2011

#### Lunch

Chicken Chow Mein  
Country Fried Steak  
Mashed Potatoes  
Steamed Rice  
Savory Bread Dressing  
Corn  
Mustard Green  
Vegetables  
Turkey Rice Soup  
Dinner Rolls

#### Dinner

Stuffed Cabbage Rolls  
Oven Fried Chicken  
Hoping John Rice  
Mashed Potatoes  
Chicken Gravy  
Green Beans  
Steamed Mixed  
Zesty Bean Soup  
Dinner Rolls

### January 28, 2011

#### Lunch

Braised Beef W/Noodles  
Pineapple Chicken  
Fried Rice  
Paprika Potatoes  
Chicken Gravy  
Steamed Carrots  
Club Spinach  
Vegetable Soup  
Dinner Rolls

#### Dinner

Chili Mac  
Chicken Parmesan  
Steamed Rice  
Risque Potatoes  
Cauliflower  
Vegetable Combo  
Minestrone Soup  
Corn Bread

### January 29, 2011

#### Lunch

Creole Fish

#### Dinner

Baked Teriyaki Chicken

Stir Fry Beef with Vegetables  
Fried Rice  
Oven Brown Potatoes  
Peas & Carrots  
Cauliflower  
Beef & Vegetable Soup  
Dinner Rolls

Grilled Ham Steak  
Mashed Potatoes  
Savory Bread Dressing  
Chicken Gravy  
Green Beans  
Corn  
Pepper Pot Soup  
Dinner Rolls

### January 30, 2011

#### Lunch

Oven Fried Fish  
Fried Veal Steak  
Steamed Rice  
Au Gratin Potatoes  
Green Beans  
Steamed Broccoli  
Brown Gravy  
Manhattan Clam Chowder  
Soup  
Dinner Rolls

#### Dinner

Turkey Pot Pie W/Biscuit  
Cajun Meat Loaf  
Steamed Rice  
Parsley Potatoes  
Brown Gravy  
Corn on the Cob  
Seasoned Collard Green  
Chicken Corn Chowder  
Dinner Rolls

### January 31, 2011

#### Lunch

Manager Special  
Manager Special

#### Dinner